



# VOLUNTEERING FACTS

## VOLUNTEERS' WEEK 2018



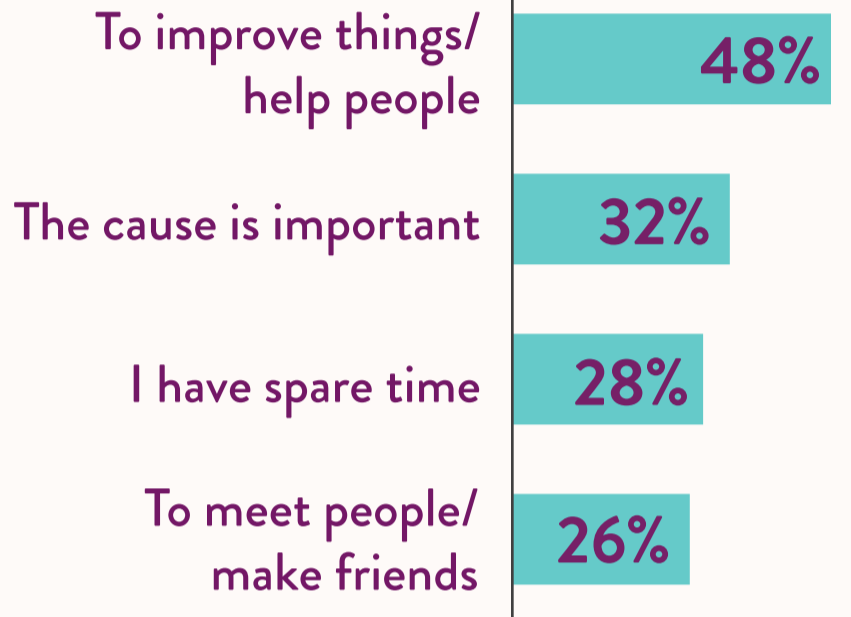
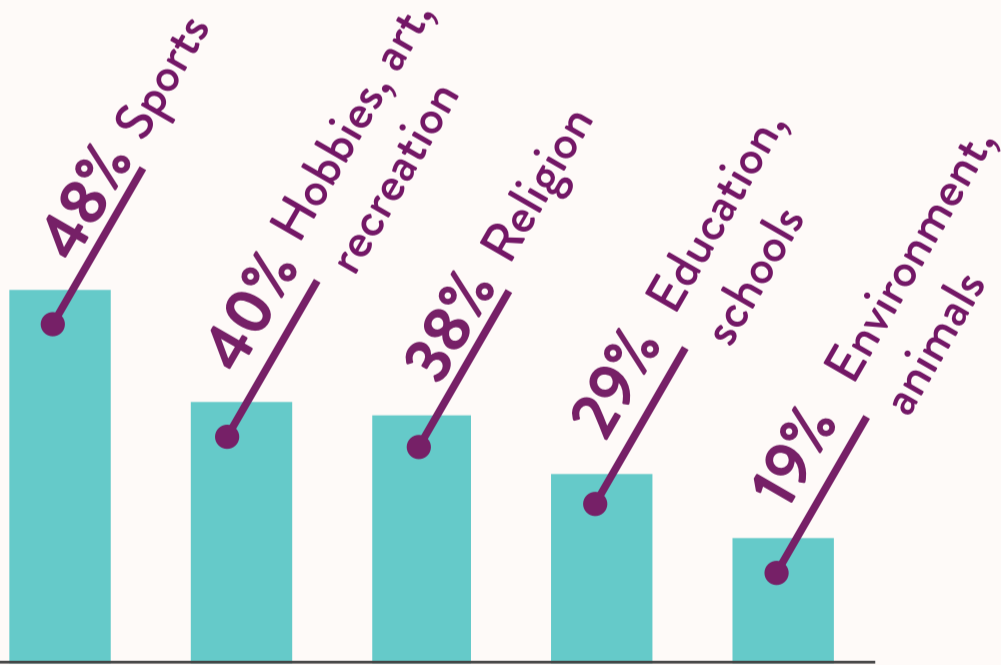
# 20 million

Most people volunteer to do good

people in the UK volunteer each year



supporting a range of causes



Volunteers contribute

# £22.6bn

to the UK economy



## RESEARCH FOUND THAT PEOPLE WHO VOLUNTEER



are happier



feel better



live longer